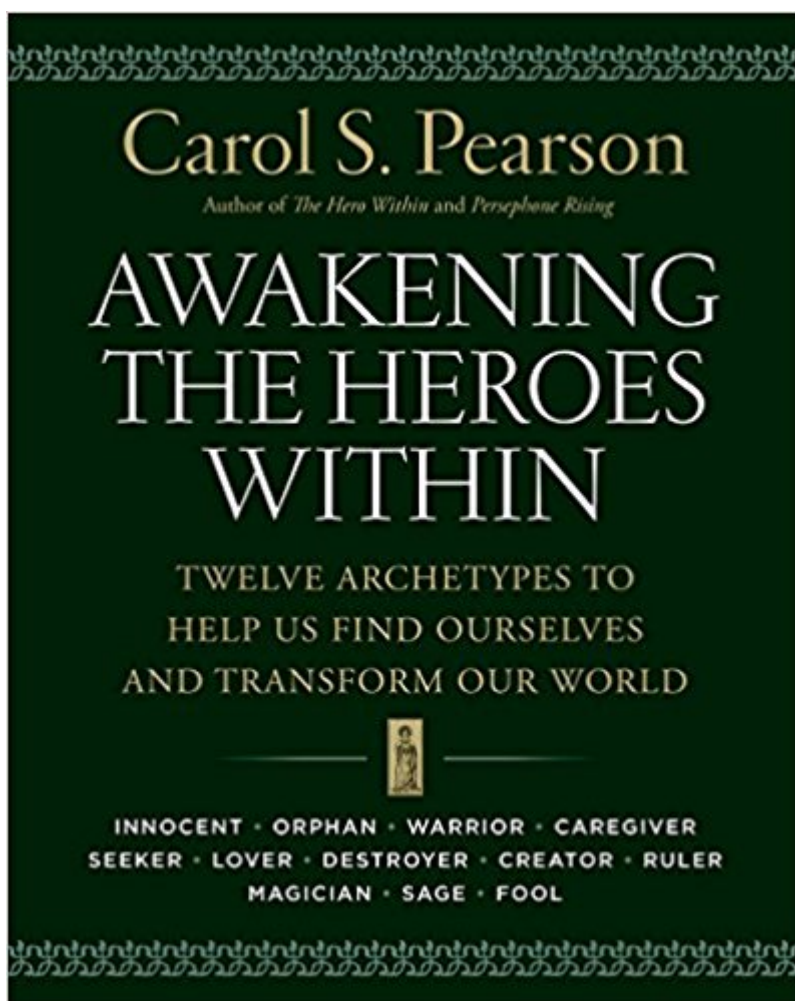


The book was found

Awakening The Heroes Within: Twelve Archetypes To Help Us Find Ourselves And Transform Our World



Synopsis

AWAKENING THE HEROES WITHIN "The heroic quest is about saying 'yes' to yourself and in so doing, becoming more fully alive and more effective in the world. The quest is replete with dangers and pitfalls, but it offers great rewards: the capacity to be successful in the world, knowledge of the mysteries of the human soul, and the opportunity to find and express your unique gifts in the world". In this bold and original work, Carol S. Pearson shows that the heroic quest isn't just for certain people under special circumstances. Exploring the many heroic paths available to each of us, at every point in our lives, her innovative program enables us to live heroically by activating and applying twelve archetypes in our lives. This companion to the best-selling 'The Hero Within' outlines twelve archetypal patterns that can aid inner development and the quest for wholeness. These archetypes are inner guides that can help us: prepare for the journey, by learning how to become successful members of society; embark upon the quest, by becoming initiated into the mysteries of the human soul; and return to transform our lives as a result of claiming our uniqueness and personal power. Writing for individuals seeking to realise their full potential and professionals engaged in empowering others, Pearson shows how journeys differ by the age, gender, and cultural background of the seeker, and how archetypes help awaken the capacities of our psyches. A unique diagnostic test, the Heroic Myth Index, and exercises are included to help us understand and awaken our inner guides.

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Customer Reviews

Carol S. Pearson, Ph.D., is an internationally recognized scholar and well-known author of numerous books, among them the bestselling *The Hero Within*, *Awakening the Heroes Within*, *The Hero and the Outlaw*, and *Magic at Work*. Her forthcoming book, *Persephone Rising: Awakening the Heroine Within*, will be published in October 2015 and is available for advance orders. Dr. Pearson's most recent book, *The Transforming Leader*, is an edited collection of cutting edge essays on the challenges facing leaders in the 21st century that grew out of the Fetzer Institute's Leadership for Transformation Project, for which she was principal investigator. *The Transforming Leader* was honored by the International Leadership Association for making a significant contribution to the field of leadership. Dr. Pearson previously was executive vice president and provost and later president of Pacifica Graduate Institute in Santa Barbara, CA. She has been a senior administrator and professor at higher education institutions including the University of Colorado, the University of Maryland, Georgetown University, and Goucher College; a consultant for multinational corporations and government agencies; and a popular public speaker and workshop leader. Before going to Pacifica, she was executive director of the James MacGregor Burns Academy of Leadership at the University of Maryland, a professor in the UM School of Public Policy, and a member of the executive committee of the International Leadership Association. Earlier in her career, she was President of CASA: the Center for Archetypal Studies and Applications; President of Meristem, a nonprofit educational organization; and senior editor of *The Inner Edge: A Resource for Enlightened Business Practice*. She currently lives in Santa Barbara with her husband of 40 years.

Even though I'm usually strict about logic and over-generalization, there is a place for broad cultural commentary in the Jungian tradition, and Pearson present a fine instance of it. The prose is clear but I wish there were some concrete examples or case studies.

This framework is a great tool for helping people make sense of their lives through the lens of stories and typical characters like "The Hero" and "The Fool". I found the first five chapters (explaining the origins and background) a little less helpful than just doing the assessment and diving into the specific chapters related to the Archetypes that were most present for me. I'm also not sure I agree with its discussion of gender.

Carol Pearson, co-creator of the Pearson-Marr Archetypes Indicator, explores 12 archetypes "to help us find ourselves and transform our world." Transformation, in this case, seems to be an inner journey of revising our self-concept, deepening and enriching our ideas about others, and gaining

new insights, rather than a program for material engagement with outer circumstances. Purchaser can take the Heroic Myth Index (HMI; I am not sure how this differs from the PMAI, a proprietary instrument) to find out what archetypes are strongest in you. It is an interesting activity. The description of each archetypes tells about its spiritual journey. Self-growth exercises are proposed at the end of the chapter. As well, Pearson includes useful background information about achieving inner balance. The writing is sometimes a bit stodgy, and I prefer more examples. This is outweighed by Pearson's credentials as a professional whose research has contributed to our understanding and use of archetypes as tools for personal understanding and growth.

Awakening the Heroes Within has been a fabulous and easily understood study guide for me. Maybe I was dense as a teen, but studying archetypes then didn't hit home. This book is easy to understand and see the interconnection of archetypes. It helped me see how my psychological development was either assisted or retarded by the appearance of common archetypes. This universal way of thinking might have helped me grow up faster and fuller, but at least to have been more accepting of those difficult stages.

This found itself as one of my all-time favorite books. It not only helped me with my writing but I now comprehend so many things about myself, relationships, people of other cultures, organizations and countries. It's applicable to every aspect in life.

More insights on our archetypes. Well written and explained the 12 archetypes she describes in the book in detail.

As other reviewers have gone over the connection with Joseph Campbell, I'd add that I found it to be a very interesting book for introspection. It's also gives you more information to consider when you're wondering why in the world this person acted that way.

Great book, well written and insightful about these key archetypes, deeper and more thorough discussion than other books.

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